



Municipality Name: _____

Contact Name: _____

Phone Number: _____

Address: _____

Number of Residents: _____

To Achieve Bronze Status: Must have 6/7 Bronze level activities

To Achieve Silver Status: Must have 6/7 Bronze Level activities, and 9/11 Silver activities

To Achieve Gold Status: Must have 6/7 Bronze Level activities, 9/11 Silver activities and 6/7 Gold Activities

BRONZE

Media reports promote physical activity resources and events and provide participation incentives.

Access to safe sidewalks and trails.

Fresh drinking water is easily accessible.

Increase support for nursing mothers.

Limit advertisements of less healthy foods and beverages in your jurisdiction.

Access to safe sidewalks and trails.

Mentoring Programs.

SILVER

Smoke Free gathering places or events with adequate signage.

Strategies to enhance infrastructure to support walking and biking.
(Examples: sidewalks, benches, shade, bike lanes, road signs)

Hold Health Fairs and “Know your Numbers” campaigns.

Calendar of Recreational activities.

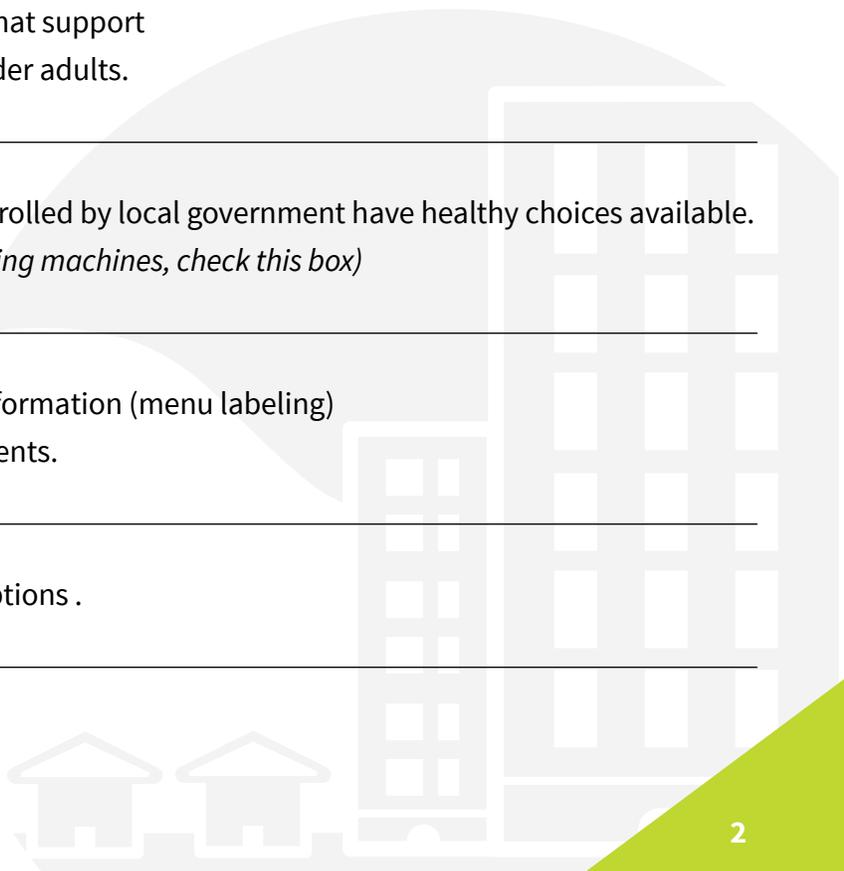
Recreation Department that holds classes that support the wellness of the community including older adults.

Vending Machines in locations that are controlled by local government have healthy choices available.
(If only healthy choices are there are no vending machines, check this box)

Promotion of point of purchase nutrition information (menu labeling) in local restaurants and or retail establishments.

Major events have access to healthy food options .

Active Farmers Market.



Vending machines that are in locations controlled by local government only offer healthy choices.
(If there are no vending machines, check this box)

Community Gardens that are open to the public to grow .

GOLD

Bi-laws in place for limiting the advertisements of tobacco and less health food and beverages within your jurisdiction. *(Especially near schools)*

No Vending machines in locations controlled by local government.

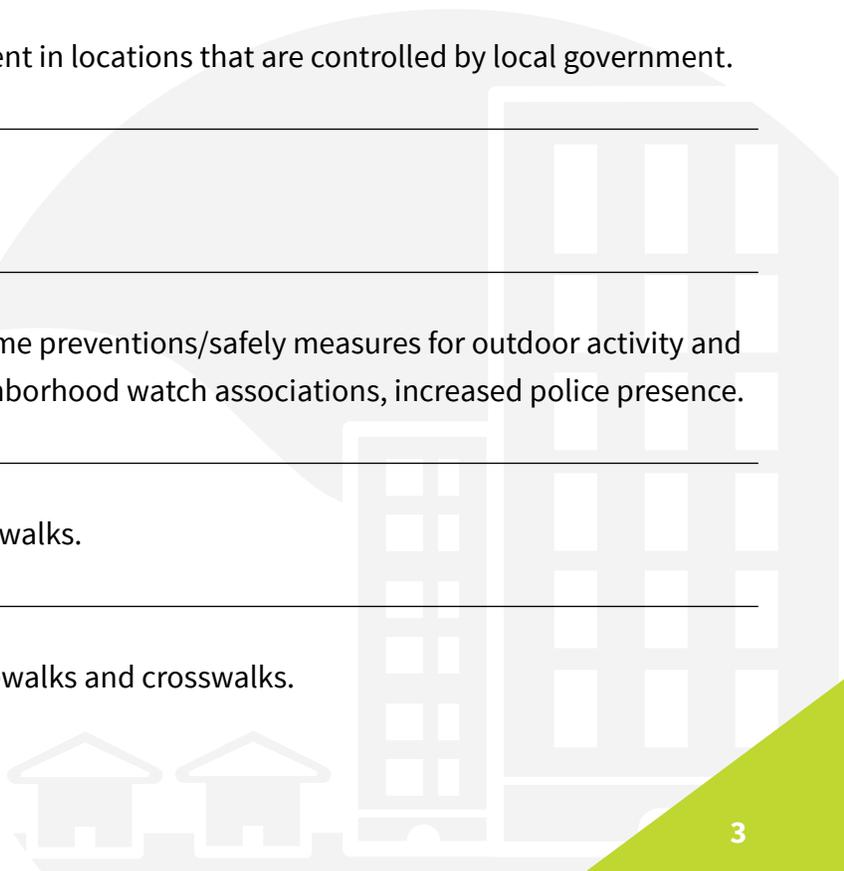
Create and enforce tobacco free environment in locations that are controlled by local government.

Implements Wellness into Municipal plan.

Strategies for creating and maintaining crime preventions/safely measures for outdoor activity and recreation such as adequate lighting, neighborhood watch associations, increased police presence.

Network of bike lanes, sidewalks and crosswalks.

Maintenance guidelines for bike lanes, sidewalks and crosswalks.



Did we miss something, or is your municipality doing something else that is healthy and fun?
That's Great! Tell us more here:

LET'S #RISEVT TOGETHER!

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V1.0

